

## Campus Resources for Students

### Counseling and Psychological Services (CAPS)

#### 327 High Street 2<sup>nd</sup> Floor:

Many students face personal challenges or have psychological needs that can interfere with their academic progress, social lives, or emotional wellbeing. CAPS offers a variety of confidential services to help both undergraduate and graduate students through difficult times, including individual counseling, group counseling, crisis intervention, consultation, and medication evaluation/management. These services are provided by clinicians who welcome all students and embrace a philosophy respectful of their diverse backgrounds. They are sensitive to differences in race, ability, faith tradition, immigration status, gender identity, sexual orientation and many other aspects of identity. CAPS services are free and confidential. To schedule an appointment, students should call 860-685-2910 M – F 8:30 AM – 4:30 PM or email [counseling@wesleyan.edu](mailto:counseling@wesleyan.edu).

### Office of Academic Resources

#### North College, Lower Level:

Wesleyan is committed to ensuring that all qualified students with disabilities are afforded an equal opportunity to participate in and benefit from its programs and services. To receive accommodations, a student must have a documented disability as defined by Section 504 of the Rehabilitation Act of 1973 and the ADA Amendments Act of 2008, and provide documentation of the disability. Students should visit the webpage at [www.wesleyan.edu/studentaffairs/disabilities](http://www.wesleyan.edu/studentaffairs/disabilities) to learn more. Since accommodations may require early planning and generally are not provided retroactively, students should contact Accessibility Services at 860-685-5581 early in the academic year to begin the process.

### Davison Health Center

#### 327 High Street 1<sup>st</sup> Floor

Davison Health Center provides an array of services for students including sick visits, allergy and immunization services, travel consultation, laboratory and dispensary services, and specialty clinics for gynecological care, sexual health and wellness services, HIV counseling and testing, and nutrition counseling. More information can be found on their webpage [www.wesleyan.edu/healthservices](http://www.wesleyan.edu/healthservices). Walk-ins are accommodated but discouraged; students should call to schedule an appointment at 860-685-2470.

### WesWell Office of Health Education

#### 327 High Street 1<sup>st</sup> Floor

WesWell provides group programming, workshops, and campus campaigns that promote positive health behaviors. They also offer 1:1 sessions with students to discuss health-related behaviors such as alcohol and substance use and sleep habits. WesWell's Resource Room offers a collection of books and brochures on various health and wellness issues and stocks safer sex supplies. Please see their webpage at [www.wesleyan.edu/weswell](http://www.wesleyan.edu/weswell) to view a listing of current workshops and initiatives.

### Office of Religious and Spiritual Life

#### Corner of Church and High Streets

The Chaplains at the ORSL ensure and promote the spiritual and religious well-being of the campus community. Chaplains' leadership, counseling, and programming promote holistic student development and nurture diverse and vibrant religious communities at Wesleyan. Students should visit their webpage at [www.wesleyan.edu/orsl](http://www.wesleyan.edu/orsl) for more information about their workshops and programs.

### The Resource Center

#### 167 High Street (formerly the Shapiro Writing Center)

The Resource Center will open Fall 2017 with the goal of creating a centralized location on campus that recognizes and celebrates diverse and often underrepresented or misrepresented identities and addresses issues related to access, representation, and equity. The Center plans to offer programming for students of color, first-generation and low income students, queer and trans\* students, and female-identifying students. More information about this important office will be forthcoming from the Student Affairs division.

**Sexual Assault Prevention and Response Team (SART)**

**SART members** are Wesleyan faculty and staff who provide support and assistance to any student who is a survivor of sexual assault or other form of sexual violence including stalking and intimate partner violence. SART members strive to ensure that students have the resources they need while ensuring their privacy. SART members can help students by explaining options for medical care, mental health care, housing, academic concerns, and how to file a report with the University and/or the Middletown Police Department. Additional information about support and resources for survivors of sexual violence is available at [www.wesleyan.edu/sexualassault](http://www.wesleyan.edu/sexualassault) .